

Post-Majority Support Services and CFS Capital Conference

PROGRAM

November 7-8, 2023

CHIEFS
OF ONTARIO





Ontario Regional Chief Glen Hare

Ahnee, Boozhooo, She:kon, Koola Maalsi, Tansi

**Conference Delegates, Speakers, Exhibitors and
Honoured Guests**

As the Ontario Regional Chief. I am pleased to extend a warm welcome to all who have gathered to attend the 2023 Post-Majority Support Services and CFS Capital Conference.

This conference is an opportunity for First Nations to share and to learn. It is up to First Nations to make the most of these funding opportunities for your children and families

·We must work together with our leadership to advocate for continued funding at actuals for capital and post-majority support.



**POST MAJORITY SUPPORT SERVICES
& CHILD AND FAMILY SERVICES CAPITAL CONFERENCE**

NOVEMBER 7 & 8, 2023 9:00 A.M. – 4:00 P.M.



Courtyard Marriott, 475 Yonge Street, Toronto, ON

Zoom Link: <https://us06web.zoom.us/j/89131384763?pwd=AzqLI1ZveymXfA9kpoymft1LnpdQgp.1>

Phone Login Info:

Meeting ID: 891 3138 4763

Passcode: 162187

One tap mobile: 8557038985,,89131384763# Canada Toll-free

**DAY 1 AGENDA Tuesday, November 7, 2023 – COURTYARD MAIN ROOM
REGISTRATION & HOT BREAKFAST OPENS at 7:30 A.M.**

- 7:30 am Hot Breakfast & Registration Opens
- 9:00 am **OPENING & WELCOMING REMARKS**
Greetings – Emcees: Molly Miskokomon and Sinead Dearman
Elders Opening: Vera Pawis Tabobondung and Barney Batise
Opening Comments:
 - Ontario Regional Chief Glen Hare
 - Grand Chief Joel Abram
 - OFNYPC – Winter Lipscombe
- 9:30 am **YOUTH PANEL**
 - Jama Maxi
 - Reina Foster
 - Ray Hookimaw
- 10:15 am Bio Break
- 10:30 am **KEY NOTE SPEAKER**
Supporting Equitable Transitions for Youth in Care in Canada (Zoom)
 - Dr. Melanie Doucet
- 11:15 am **COMMUNITY SUCCESS STORIES – POST MAJORITY SUPPORT SERVICES**
 - Six Nations of Grand River – Beverly Maracle & Sherry Lickers
- 12:00 pm Lunch
- 1:15 pm **OKT LAW TECHNICAL PRESENTATION – Post Majority Support Services**
 - Ashley Ash

2:00 pm Bio Break

2:15 pm **FIRST BREAK OUT SESSION**

1. ISC Q&A: Post Majority Support - Marisa Thornhill (Courtyard Main Room / Hybrid)
2. Ontario Ready, Set, Go Q&A – Meghan Henry and Lucas Liberty – Alexander Room
3. Medicine Bag Making Workshop – John Ferris and Clifford Rueben – Spadina Room
4. Community Success Stories – Six Nations – Follow Up Q & A – Porter Room

3:00 pm **SECOND BREAK OUT SESSION**

1. ISC Q&A: Post Majority Support- Marisa Thornhill (Courtyard Main Room / Hybrid)
2. Ontario Ready, Set, Go Q&A – Meghan Henry and Lucas Liberty – Alexander Room
3. Medicine Bag Making Workshop – John Ferris – Spadina Room
4. Community Success Stories – Six Nations – Follow Up Q & A – Porter Room

3:45 pm **DEBRIEF DAY 1: Elders & Youth (Ariel Berwick)**

**Mental Health supports provided by CAMH located in the Wood Room between 10 am – 2 pm.
The Wood Room is located on the other side of lobby.**



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Passcode: 162187

One tap mobile: 8557038985,,89131384763# Canada Toll-free

**DAY 2 AGENDA Wednesday, November 8, 2023 – COURTYARD MAIN ROOM
REGISTRATION & HOT BREAKFAST OPENS at 7:30 A.M.**

- 7:30 am Hot Breakfast & Registration Opens
- 9:00 am **WELCOMING BACK**
Greetings – Emcees: Molly Miskokomon and Sinead Dearman
Recap – Overview of the day
- 9:10 am **OKT LAW TECHNICAL PRESENTATION on CAPITAL** – Sinead Dearman
- 10:00 am Bio Break
- 10:15 am **COMMUNITY SUCCESS STORIES – CAPITAL PANEL**
- Moose Cree FN - Ernest Beck & Jennifer Cool & Jordon Chilton
 - Akwesasne FN - Joey Morin-Lauzon & Troy Thompson
 - Biigtigong Nishnaabeg FN (Pic River) - Stephanie Michano-Drover (Zoom)
 - Iskatewizaagegan 39 Independent FN (*Shoal Lake #39*) - Charlene Mandamin
- 11:45 am **YOUTH SPEAKER** – Winter Lipscombe
- 12:15 pm Lunch
- 1:15 pm **ISC CAPITAL Q&A** – Dat Sun Li

2:00 pm

Bio Break

2:15 pm

FIRST BREAK OUT SESSION

- 1: OKT Law Follow up Q&A on CFS Capital (Courtyard Main Room – Hybrid)
- 2: Community Success Stories (4 First Nations) Follow Up Q&A – Alexander Room
- 3: Budgeting for Capital Projects – Brenda Spotton - Visano – Porter Room
- 4: Medicine Bag Making Workshop – John Farris – Spadina Room

3:00 pm

SECOND BREAK OUT SESSION

- 1: OKT Law Follow up Q&A on CFS Capital (Courtyard Main Room – Hybrid)
- 2: Community Success Stories (4 First Nations) Follow Up Q&A – Alexander Room
- 3: Budgeting for Capital Projects – Brenda Spotton - Visano – Porter Room
- 4: Medicine Bag Making Workshop – John Ferris – Spadina Room

3:45 pm

Closing & Parting Remarks: Elders & Youth (Hannah Sewell)

**Mental Health supports provided by CAMH located in the Wood Room between 10 am – 2pm.
The Wood Room is located on the other side of lobby.**

Meet our Leadership



ORC Glen Hare

Glen Gwiingos Hare is the Ontario Regional Chief. First Nation Chiefs elected him as a candidate for the Ontario Regional Chief on June 16, 2022. He has been happily married for 49 years to his wife Sally and with the support of my four boys, he stated he is ready to work for the Nations as the Ontario Regional Chief. He knows about commitment to family and communities.

His familiarity with key Government Provincial and Federal levels is what he brings to the table, after all the advocacy at the Chiefs of Ontario level is crucial to addressing First Nation priorities.



Grand Chief Joel Abram

Grand Chief Joel Abram hails from the Oneida Nation of the Thames Settlement, is a member of the Wolf Clan, and his Oneida name is Tewa:slake, which translates to ‘axe with two blades’. Joel served for 12 years on the elected Chief and Council in Oneida; six as a councillor, and six as the Chief.

He had a role in initiating the institution of a Gladue Court in the City of London, only the third such court in Ontario. He also played a critical role in the successful establishment of a 64 bed long-term care facility in Oneida. Joel has been involved with the Oneida community radio station, 89.5 The Eagle, in various roles including DJ, fundraiser, and technician for the past 17 years.

In his free time, Joel enjoys playing competitive chess, spending time with family, and getting out his guitar and playing the occasional gig with his brother.

Meet our Elders



Elder Vera Pawis Tabobondung

Senator Vera is a proud Anishinaabe woman from the Wasauksing First Nation - an Ojibway, Odawa and Pottawatomi First Nation located on Parry Island in Georgian Bay. She first began her life work as the Executive Director for the Parry Sound Indian Friendship Centre and has served in many prominent roles within the Friendship Centre Movement (FCM). Senator Vera is a past President of the Ontario Federation of Indigenous Friendship Centres (OFIFC), past President of the NAFC, has served her First Nation community as a Councillor and has participated on numerous boards and committees locally, provincially, and nationally.



Elder Barney Batisse

Nishnawbe Aski Nation Elder and former Chief from Matachewan First Nation. Currently on the Elders Council, an advisor to the Leadership Council at Chiefs of Ontario



Meet our MCs



Sinéad Dearman

Sinéad is an associate at OKT committed to working with First Nations to realize their visions of family and community well-being. Her focus areas are Indigenous governance, child welfare, negotiation, and litigation.

The best part of her job is meeting with First Nations in their territories. In the child and family sphere, she works with First Nations to support the exercise of inherent jurisdiction, uphold and strengthen Indigenous laws, and defend and assert their rights in court.

Molly Miskokomon



**Boozhoo! Ozaawaa Benesii Kwe
Indizhinikaaz. Mishiikenh Nidoodem.
Ojibwe, Bodewadmi, Odawaa miinwaa
Lunaapeew Anishinaabe Kwe Indaaw.
Bkejwanong Indoonjibaa.**

**My name is Molly Nahdee (Miskokomon). I
am delighted to introduce myself to the
Independent First Nations as the Senior
Child Welfare Advisor.**

**I value spending quality time with my family
while spending quality time on the land and
connecting to our culture through hunting,
trapping, fishing, gathering and connecting
to the language as a family.**

**I spent several years working in my
community, Bkejwanong Territory. Most of
my career has been working in the criminal
justice system as an Youth Probation
Officer & Re-Integration Worker. I have an
extensive background connecting with
youth and families through a rehabilitative
approach and Indigenous wholistic
practice. Additionally, I expanded my
knowledge bundle within the child welfare
sector which brings me to be a part of the
IFN team and communities. Miigwech, Molly
Nahdee, BSW, MSW, RSW**

Meet our Keynote Speaker



Dr. Melanie Doucet

Dr. Doucet (she/her) has been working to improve the lives of youth in care for over 20 years, and currently resides in the traditional and unceded territory of the Kanien'kehà:ka / Mohawk Nation in Tiohtiá:ke / Montreal. She is a former youth in care, holds a PhD in Social Work, and is a Consultant and Project Lead at the Child Welfare League of Canada (CWLC). She continues to work as part of the provincial/territorial and national youth in care advocacy community on child protection policy reform initiatives, and is currently leading the Equitable Transitions to Adulthood and a Just Pandemic Recovery for Youth in Care Project alongside the National Council of Youth in Care Advocates.

Meet our Youth Speakers



Ray Hookimaw

I am Ray. I use he and him pronouns. I am an Indigenous Cree Ojibwe two spirit person. I come from Attawapiskat First Nation from my mom's side and I am from Sagamok First Nation on my dad's side. I have been living and grew up on Nipissing First Nation though. I am a crownward to the system when I was 16, I had time with my parents when I was 16-18 but went into after care until I was 21. And my day time job is being a deadly barista. I am here to connect with more friends and to tell my story.

Reina Foster



As a self-starter, Reina Foster has committed herself to many youth initiatives on both local and international levels. Reina has contributed to various reports and articles, initiated herself with different youth councils, and continues to use her insight for finding ways in which she can contribute to meaningful purposes.

Indigenous Child Welfare is one of Reina's top passions and she believes all First Nation communities should strive for the resurgence, reclamation and development of their own Child Welfare laws. She is a youth representative serving on her community's Bill C-92 taskforce team, is a long-standing youth representative on the Tikinagan Child and Family Services Board of Directors and persistently advocated for Tikinagan's newly established Youth Council. As a former youth in care, she understands the struggles that youth face while in the system and hopes that she can empower youth to see that there is light at the end of the tunnel. Reina wrote about her personal experiences for [Kids Help Phone](#).

Currently working in Lac Seul First Nation's Economic Development department, she believes that her drive to serve her community and the skills that she developed as a young leader go hand-in-hand with her employment. In this new chapter of her life and as a mother to two young boys, she hopes to inspire many other Indigenous youth to awaken their inner self-starter and strive for their dreams.



Jama Maxie

Jama Maxie was born in Regina, Saskatchewan, near his Whitebear First Nations reserve. His early life was marked by a separation from his three siblings as he entered foster care.

Despite facing adversity, Jama harboured ambitious dreams. Unfortunately, upon ageing out of the foster care system, he found himself battling addiction and alcoholism, grappling with poverty, and experiencing bouts of homelessness. Determined to overcome these challenges, Jama embarked on a profound transformation to reclaim his true identity as a warrior.

On September 4th, 2018, Jama bravely "broke the cycle" and committed to a life of sobriety. Fueled by this newfound determination, he pursued education, enrolling in college with a burning desire to prove himself. In April 2020, he achieved a remarkable milestone, graduating with academic honours from the Social Service Work program at Georgian College. His exceptional dedication was further recognized with the receipt of the Exemplary Learner Award upon graduation. In 2021, Jama was honoured with the Indigenous Spirit Fund Award, a testament to his outstanding contributions in dismantling barriers while realizing his fullest potential. In 2022, he was selected as one of Canada's Indigenous youth leaders and was invited to the Senate Building of Canada to deliver a powerful speech. Notably, he was elected as a board member at Native Child and Family Services of Toronto, a significant role given his experience as a foster child within the same organization.

Jama also dedicated his time and expertise as an addiction counsellor at Addiction Rehab Toronto, extending a helping hand to those facing challenges similar to his own. Currently enrolled at York University, he's pursuing a degree in psychology with unwavering determination. Simultaneously, he is leading the establishment of a youth advisory circle for Dnaagdawenmag Binnoojiiyag Child & Family Services. Jama's ultimate aspiration is to become the first-ever Indigenous Student accepted into the University of British Columbia's Ph.D. program in clinical psychology. Through this remarkable journey, he aims to inspire and empower youth in his Black and Indigenous communities, demonstrating that one can overcome adversity and achieve greatness regardless of their starting point.



Ariel Strength

Ariel Berwick is a First Nation woman from Wahta Mohawk Territory. She has strong ties to her Indigenous roots and is always looking for ways to give back to her people and her community.

Ms. Berwick holds Honours BAs in Criminology/Criminal Justice and Law. She currently holds an indeterminate position with Indigenous Services Canada. In addition, she works part-time, within her community, as the Wahta Mohawks Community Trust Coordinator.

She is passionate about leading youth as she holds volunteer positions on the Wahta Mohawks Youth Council as well as the Association of Iroquois and Allied Indians Youth Council.



Winter Lipscombe

Winter Dawn Lipscombe is a proud member of Wauzhushk Onigum Nation in Treaty #3 territory, where she is an advocate for the inclusion of youth voices within her region. While away for post-secondary education, Winter Dawn developed a strong passion for her culture, community, and economic development. After completing her degree in international relations and economics in 2019, Winter Dawn returned home to her traditional territory to work in the areas of policy development and governance.

Winter Dawn's journey of reconnecting to culture inspired her to begin engaging within her territory and across the province about the historical and contemporary challenges that youth experience. She was traditionally selected in 2019 to serve on the Treaty #3 Oshkiniigiig Youth Executive Council, as well as the Ontario First Nations Young People's Council where she was formerly Ontario's co-chair and youth representative for the Assembly of First Nations National Youth Council. Winter Dawn brings her professional and life experiences, as well as her passion for a self-determined and youth-driven future, to each of her roles.

Meet our Presenters



Beverly Maracle

Beverly Maracle is a professional in Social Work with a majority of her career as a Six Nations Band Representative. She has worked for Six Nations Council for about twenty-four years and enjoys helping her community

Beverly has assisted clients in navigating the child welfare system. She looks forward to assisting youth in their transition out of the system. Beverly is a first generational survivor of the residential school system. Unfortunately, her father attended the Mohawk Institute in Brantford, Ontario. Her home is Six Nations Reserve where she has spent most of her life, with the small exception of two years. She is proud to be Mohawk, turtle clan.

Sherry Lickers



Sherry Lee Lickers is a seasoned professional with a background in data management, accounting and finance for First Nations not-for-profit and Non-First Nations for-profit organizations. As a highly skilled professional her expertise is successfully guiding organizations through complex financial landscapes and over the years has a proven track record in financial analysis and identifying opportunities for growth. Her expertise lies in financial modeling, budgeting and forecasting to provide strategic insights that drive sound decision-making and contribute to long-term success.

She was part of the Ogwadenedeo Team that steered Six Nations of the Grand River through the Child Welfare designation process in 2014 and onto designation on January 29, 2018. As a 1st generation Residential school survivor, she has resided both off reserve as a youth and on reserve as an adult and has a lived understanding of the hardships that both her off and on-reserve First Nation relations have experienced. Six Nations of the Grand River is her home and where she raised her two fabulous children; she is Haudenosaunee, Lower Cayuga and Snipe-Killdeer Clan.



John Ferris

My name is John Ferris. I'm a member of Constance Lake First Nation, and I have been artistically active most of my life. I began developing my portfolio in 1985 and in the summer of 1986, I received a letter of acceptance to the Ontario College of Art and Design. Afterwards, I continued to study Graphic Design at George Brown College. I was introduced to Michael John Angel, a Master Portrait painter who taught in the Classical Methods of Drawing and Painting of the Old Masters.

My goal is to establish an Aboriginal Arts Organization that will utilize AAGNO and by practicing our traditional art forms, incorporate them into educational systems. I have recently started the business, Ed-Digenous Traditions, where I create and develop Indigenous Learning Kits for schools, communities, workshops, conferences and post-secondary. These align with the new curriculum guidelines being introduced by Ontario and other provincial governments across Canada and will be connecting with international education institutions in the future



Joey Morin Lauzon

My name is Joseph Morin-Lauzon. I have been married for 10 years to my wife Corrie. I am a father of two, an 8-year-old girl, named Addylin, and a 3-year-old boy, named Meryk. I enjoy physical fitness, Soccer and Hockey. I love to travel, have new experiences, and spend time with my family.

I am Ojibwe, from Couchiching First Nation, and am Sturgeon Clan. I was born and raised in the Ottawa area. I possess a bachelor's degree in law from Carleton University, a postgraduate degree in Victimology from Algonquin College and most recently completed a Certificate in Executive Leadership in the Public Sector from the Rotman School of Business.

I have over 15 years of experience in the human services field in areas such as youth and adult addictions, mental, health, and developmental disability. I am currently the Director of Community and Social Services for the Mohawk Council of Akwesasne and have been in this position for the last 2 years. I oversee Akwesasne Child and Family Services, Akwesasne Family Wellness Program, and the Community Support Program (Income Assistance).



Troy Thompson

My name is Troy Thompson. I've had the privilege of living in different locations and traveling to far destinations but I'll always consider Akwesasne my home. I have a beautiful 3 year old daughter named Vienna and I've been married to my lovely wife Angele for 4.5 years. I've ran 11 marathons and love to play golf and travel with my family. I've worked for the Mohawk Council of Akwesasne for over 7 years: 4 years in Economic Development and 3 years as a Chief.

I've worked on numerous projects to enrich the lives of our youth in Akwesasne, including a yearly Disney trip for underprivileged youth and the implementation of recreational infrastructure and programming. I'll always work to make Akwesasne a better place for us and the next seven generations.



Ashley Ash

Ashley Ash is an associate at OKT. She holds a Bachelor of Social Work (BSW) from Toronto Metropolitan University and a Juris Doctor (JD) from the University of Windsor and is a member of the Ontario Bar.

Ashley is building a practice focused on child welfare, negotiation and litigation. Ashley joins OKT after completing her articles as a judicial law clerk with the Superior Court of Justice in Toronto where she assisted judges in family, civil and criminal law matters.

During and prior to law school she worked at various youth serving organizations like the Office of the Children's Lawyer and Justice for Children and Youth and focussed much of her scholarship and studies on child welfare law. She also worked as a teaching assistant for the mandatory Indigenous Legal Orders course at Windsor Law.



Meghan Henry

Meghan Henry is a manager in the Child Welfare and Protection Division at the Ontario Ministry of Children, Community and Social Services. Her team's portfolio includes supports for youth leaving care, including the new youth leaving care policy and Ready, Set, Go program.

Meghan is a settler of Irish ancestry, born and raised in Flin Flon, Manitoba, in Treaty 5 territory. She has a Bachelor of Social Work from the University of Calgary, and has worked in non profit organizations on youth leadership and education initiatives. In the Ontario Public Service, Meghan has also worked at the ministries of Indigenous Affairs, Attorney General, and Children and Youth Services.



Lexie Halls

Lexie joined Indigenous Services Canada in 2019. She holds a Master's degree in Public Policy, Administration and Law. She has worked most of her career in the public service, spanning three departments and a variety of work. She is happiest when working closely with others for the benefit of all Canadians.



Roberto Hernandez

Roberto joined ISC in early October 2023 in a managerial role. Roberto has previous experience in the CFS Directorate which has served as a foundation in his new role. Before joining ISC, Roberto worked with Service Canada – Employment Insurance for six years. Roberto completed his Bachelor of Arts from Toronto Metropolitan University in 2022.



Marisa Thornhill

Marisa joined Indigenous Services Canada as a Regional Program Development Advisor in September 2021. Marisa has a master's degree in Social Work from Dalhousie University and has spent most of her social work career working in youth and women's services and, in mental health services. In her spare time, Marisa enjoys cooking, baking and reading.



Dutsan (Matthew) Li

Dutsun joined Indigenous Services Canada in May 2022. Dutsun has a Master of Education degree in Community Development and Indigenous Health from the University of Toronto, and 10 years of experience working with remote and urban Indigenous communities in Ontario and New Zealand. Dutsun is passionate about allyship and supporting Indigenous cultural revitalization, such as through language, ceremonies, traditional hunting/harvesting practices, carving, and martial arts.



Jennifer Carey-Cool

Hi there, my name is Jennifer Carey-Cool, I am a member of Moose Cree First Nation I come from Moose Factory, Ontario located within the Mushkegowuk Territory, Treaty # 9. I have been within the Child Welfare system since 1988, I also worked as a Financial Advisor for some years in the North.

I have three children, Ross Carey-Cool who is 38 years old, Jessica Carey-Cool who is 37 years old and Kristen Cool who is 33 years old, I also have 11 grandchildren. My educational background is within Social Work and Business. I find working with developing a First Nation Law you must know the Child Welfare System to understand what you are dealing with. With the Canadian Human Rights Tribunal and the Passing of Bill C 92 you can take full Jurisdiction of your children, but you must understand what you are dealing with. Your Law with override the Provincial Legislation once you pass your Law, but again you must build a house around this law that will safeguard your Law and children. With Moose Cree First Nation we have applied for substantial amounts with Capacity Funding which has allowed us to hire the resources to collect data and work on Law development.



Stephanie Michano-Drover

Stephanie Michano-Drover – is a member of Biigtigong Nishnaabeg. Her Spirit Name is Ice Crystals in the Wind; and she's of the Bear Clan. Stephanie has been working in the field of Childcare for over 25 years. She's married to Rob and they have 3 handsome sons. Stephanie sits as a member of the Provincial Supervisors Working Group and a member of the First Nations Early Years Mentors Gijjikendaamin Group. Stephanie enjoys watching her sons in the sports they play, camping, fishing and being outdoors with her husband and their children. Stephanie has worked in all capacities of Childcare and is passionate about the children, families and the team of Biigtigong.



Stephanie Michano-Drover



Ernest Beck



Brenda Spotton Visano



Jordon Chilton



Charlene Mandamin

Meet our Mental Health Supports



Krystine Abel

Krystine Abel (kwe/she/her) is an Anishinaabekwe, born and raised in Toronto, a proud member of M'Chigeeng First Nation, and currently lives in Barrie, Ontario. Krystine is a Registered Social Worker, having completed her Masters of Social Work in Indigenous Trauma and Resiliency at the University of Toronto. Krystine's diverse background includes working and supporting community through Indigenous health research, education and evaluation. Krystine believes in the importance of understanding the interconnection between the mind, body, spirit and emotional parts of the self. She is a committed helper, rooted in Indigenous worldviews and is guided by client-led, trauma-informed and anti-oppressive practice.



Dale Kuehl

Dale began his career as a Street Outreach Worker in downtown Toronto serving youth engaged in sex-work. During that time, he became passionate about working with people with substance use and/or mental health concerns. For more than 2 decades he has worked at the Centre for Addiction & Mental Health (CAMH) as a social worker, manager, Advanced Practice Clinical Leader, education coordinator and Discipline-In-Chief of Social Work. Currently he is an Advanced Practice Clinical Leader and Interim manager of Shkaabe Makwa Clinical Services.

He is an Adjunct Professor at York University, School of Social Work and Adjunct Lecturer and Sessional Instructor at Factor-Inwentosh Faculty of Social Work, University of Toronto. Dale is an avid gardener and collecting mid-century modern furniture.

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Mental Wellness and Crisis Support Resources

Located in the Wood Room between 10am – 2pm: In-Person Mental Health Supports, by Shkaabe Makwa at CAMH. Available to everyone.

- The Wood Room is located on the other side of lobby.
- Vendor Booths are located in Registration Area.

Hope for Wellness - 24/7 toll-free Helpline at 1-855-242-3310, or connect to the online chat at www.hopeforwellness.ca.

- The Hope for Wellness Help Line offers immediate mental health counseling and crisis intervention to all Indigenous peoples across Canada. Service is available in Cree, Ojibway, Inuktitut, English and French. Callers may ask about the availability of services in the language of their choice.

Indian Residential School Survivor Crisis Line - 24/7 Toll-Free, 1-866-925-4419

- A national service for anyone experiencing pain or distress as a result of their residential school experience.

Indian Residential School Survivors Society (IRSSS), Toll-Free 1-800-721-0066

Kids Help Phone - 1-800-668-6868 (24/7 and toll-free) or text CONNECT to 686868.

- For youth and young adults aged 5 to 29 who want confidential and anonymous care from trained responders.

LGBT YouthLine - Text: 4 PM – 9:30 PM, at 647-694-4275. Chat: 4 PM – 9:30 PM at <https://www.youthline.ca>

- YouthLine offers confidential and non-judgmental peer support through our text and chat services. Get in touch with a peer support volunteer from Sunday to Friday, 4:00PM to 9:30 PM.

Talk Suicide Canada – 24/7 Toll-free 1 (833) 456-4566 or text 45645 4pm-midnight.

- Talk Suicide Canada (formerly known as Crisis Services Canada) is a collaboration of distress and crisis centres from across Canada, offering Canada's first nationally available, regionally delivered suicide prevention service.

Toronto Distress Centres: 416 408-4357 or 408-HELP

- A service agency dedicated to providing timely emotional support, crisis intervention, and suicide prevention to people in distress.

Please call 911 if you or someone you know is in immediate danger or needs urgent medical care.

Save the Date



Chiefs of Ontario

First Nations Community Wellness Conference

The Chiefs of Ontario will host a First Nations Community Wellness Conference on March 19-21, 2024, in Toronto, ON. Further details will become available closer to the date.

Date: March 19-21, 2024

Location: Metro Toronto Convention Centre - 255 Front St. W., Toronto, ON

Registration: Coming Soon!

More details will be forthcoming. Please stay tuned via our website and social media channels for updates.

     @ChiefsOfOntario

CHIEFS OF ONTARIO

